

Food Intolerance Test 40 Foods	Food Intolerance Test 60 Foods	inc Test 40 Plus additional 20 listed below	Food Intolerance Test 120 Foods	inc Test 40+60 Plus additional 60 listed below	Food Intolerance Test 200 Foods	inc Test 40+60+120 Plus additional 80 listed below
Dairy & Eggs	Dairy & Eggs		Dairy & Eggs		Dairy & Eggs	
Egg white Egg yoke	Milk (cows)	Milk (Goats)	Milk (Sheeps)		Alpha-Lactalbumin Beta-Lactoglobulin	Casein Milk (Buffalo)
Grains	Grains		Grains		Grains	
Barley Corn (Maize) Durum Wheat Gliadin	Oat Rice Rye Wheat		Buckwheat Millet Wheat Bran		Amaranth Couscous Malt Spelt	Tapioca
Fish & Seafood	Fish & Seafood		Fish & Seafood		Fish & Seafood	
Cod Crab Haddock Lobster Plaice Shrimp/Prawn	Oyster Salmon Trout Tuna		Herring Mackerel Mussel Scallop Sole Swordfish Turbot		Anchovy Bass Carp Caviar Clam Cockle Cuttlefish Eel	Hake Monkfish Octopus Perch Pike Sardine Sea Bream Squid
Meat	Meat		Meat		Meat	
Beef Chicken Lamb Pork	Turkey		Duck Veal Venison		Horse Ostrich Ox Partridge	Quail Rabbit Wild Boar
Fruit	Fruit		Fruit		Fruit	
Apple Blackberry Grapefruit Lemon Orange Pear Raspberry	Strawberry	Avocado Cherry Grape Lime Pineapple	Apricot Banana Blackcurrant Cranberry Kiwi Melon Nectarine	Olive Peach Plum	Blueberry Date Fig Guava Lychee Mango Mulberry	Papaya Pomegranate Raisin Redcurrant Rhubarb Tangerine Watermelon
Vegetables	Vegetables		Vegetables		Vegetables	
Broccoli Cabbage (Savoy /White) Cauliflower Haricot Bean (White) Kidney Bean (Red) Pea Potato Soya Bean	Brussel Sprouts Carrot		Asparagus Aubergine Beetroot Celery Chicory Cucumber Green Bean Leek Lentil	Lettuce Onion Peppers Spinach Tomato	Artichoke Broadbean Cabbage (Red) Caper Chard Chickpea Fennel Marrow Quinoa	Radish Rocket Shallot Squash Sweet Potato Turnip Watercress Yuca
Nuts & Seeds	Nuts & Seeds		Nuts & Seeds		Nuts & Seeds	
Almond Cashew Nut Hazelnut	Peanut	Brazil Nuts Pistachio	Coconut Rapeseed Sesame Seed	Sunflower Seed Walnut	Flaxseed Macadamia Nut Pine Nut	Tiger Nut
Herbs & Spices	Herbs & Spices		Herbs & Spices		Herbs & Spices	
	Chilies (Red) Garlic Ginger Mustard Seed Peppercorn		Basil Cinnamon Clove Coriander Cumin Dill Hops	Mint Nutmeg Parsley Sage Thyme Vanilla	Aniseed Bay leaf Chamomile Cayenne Curry Spices Ginko Ginseng	Liquorice Marjoram Peppermint Rosemary Saffron Tarragon
Miscellaneous	Miscellaneous		Miscellaneous		Miscellaneous	
Yeast (Bakers) Yeast (Brewers)	Mushroom		Carob Cocoa Bean Coffee	Tea (Black) Tea (Green)	Agar Agar Aloe Vera Cane Sugar Chestnut	Cola Nut Honey Transglutaminase